

Welcome to PedBikeTrans SA e-news NOVEMBER/ DECEMBER 2008 edition



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Movers and Shakers

- **Sharon Leith** has taken her trails experience from QED to PIRSA's Rural Solutions. QED has picked up a new traffic engineer in Leigh Dawson.

OTHER E-NEWS

1) \$2.7m for cycling, walking trails upgrade

The State Govt will spend an extra \$2.7 million over the next 5 years on new and upgraded "environmentally friendly" cycling and walking trails, as part of its new trails strategy. Cycling is allowed on public roads in all parks, and on some trails and tracks in various parks including Belair National Park, Shepherds Hill Recreation Park, and Flinders Ranges National Park as part of the Mawson Trail, but most trails only allow walking. These will now be opened up to cycling in a move that is also aimed at supporting tourism. See www.news.com.au/adelaidenow/story/0,27574,24597538-2682,00.html.

2) Resourcing for Mitcham trails

As part of the redevelopment of the Community Trails in the Mitcham Reserves, Community Services have secured two youth programs to implement the City of Mitcham Mountain Bike Strategy.

- A **Green Corp Team**, facilitated by Greening Australia, will commence on 8 December. This Federally funded program is open to young people aged from 17 to 21.
- A **Youth Conservation Corp Team** (YCC) facilitated by Employ SA will be commencing later in December. This is a volunteer program open to young people aged 16 to 24, based on an attendance of 2 ½ days per week (Mondays and Tuesdays).

For further information about these programs contact Nicolas Bowman, Trails Officer at the City of Mitcham on nbowman@mitchamcouncil.sa.gov.au or call 8372 8888.

3) Some grants programs

CRIME PREVENTION & COMMUNITY SAFETY GRANTS PROGRAM

The Attorney General's Department is making funding available for local crime prevention and community safety projects in 2009.

Grants of between \$10, 000 and \$50,000 are available for projects which address the following priority areas:

- Youth related crime

- High volume crime
- The built environment and crime - crime prevention through environmental design
- Crime in Indigenous communities
- Crime prevention as a community capacity building tool
- Violent crime

Applications close on 16 January 2009 (5pm)

4) Glenside rezoning

A proposal has been prepared to rezone the Glenside Campus to reflect the planned redevelopment of the site, which includes a new hospital and purpose-built specialist services for mental health and substance abuse. Interesting features include:

- The car parking requirement for dwellings – including for low income and supported accommodation (hostels, aged accommodation, etc) – is 2 per dwelling plus 1 per two rooms that could be used as bedrooms, i.e. 3 per dwelling generally.
- Bicycle parking is required for office and mixed uses, but not for any other uses (e.g. the hospital, retail, visitor parking for aged care facilities).
- There is no special structure planning for bicycle or pedestrian access through the site – and notably along Fullarton Road – except that straight paths should be provided with open space and a grid network generally.

The DPA document is online at www.planning.sa.gov.au/go/GlensideDPA and hard copies are available at the City of Burnside offices and the Dept of Planning and Local Government. Written submissions will be received until Friday 16 January 2009. A public meeting is scheduled to be held from 7pm on 4 February 2009 at the Burnside Ballroom, 401 Greenhill Road, Tasmore.

5) A few snippets about bicycle theft...

- The leader of the main UK opposition Conservative Party, **David Cameron**, has followed Boris Johnson in calling for Sharia law for bike thieves, after having his own bike stolen outside a London supermarket. See http://afp.google.com/article/ALeqM5j_Hy2XcwPUwXohexq4o9TL6Ykc0g (NB Mr Cameron has also been in the news for breaking the road rules: see <http://www.treehugger.com/files/2008/03/david-cameron-bike-rules.php>)
- A **new lock** in development may make bike thieves think twice about cutting locks. See http://www.gizmodo.com.au/2008/11/smartlock_sprays_bicycle_thieves_with_dye.html.
- Bicycle theft as a safety index: **La Prueba de la Bicicleta** (www.lapruebadelabicicleta.com) places unlocked bikes on streets and videos them until they are stolen. It helps if you have a passing knowledge of Spanish; otherwise, try <http://www.copenhagenize.com/2008/10/bike-theft-la-prueba-de-la-bicicleta.html>. This also mentions that the Toronto police do the same thing, but then arrest the thief – which led to the arrest of notorious bicycle theft kingpin [*They have a bike theft kingpin?! - Ed*] Igor Kenk, and seizure of 2,865 stolen bicycles, of which 469 were returned to their owners.
- Way too many video clips of a **self-locking bike** (invented circa 2007?): <http://au.youtube.com/watch?v=b3dMUCiZDug&feature=related>
- Not sure if you'd really want to drill holes in your bike, but there's probably an alternative for this **bike alarm**: <http://au.youtube.com/watch?v=pAdxNdR3P5k&feature=related>

[Still, I'm sure we're all waiting for the device described in William Gibson's cyberpunk novel **Virtual Light**, where an incorrect thumbprint on the handle bar leads to a severe electric shock. The device is recharged by dynamo, of course. – Ed]

6) TravelSmart SA Households in the West wins Premier's Award

The recent Public Sector Week 2008 Premier's Awards has honoured the 6 most innovative projects undertaken by SA public servants resulting in tangible improvements for the community.

The TravelSmart program, evaluated by Peter Stopher (a noted sceptic of behaviour change projects to manage travel demand), won the award in the category of Attaining Sustainability, after showing the most impressive results to date for household based programs.

7) National Cycling Achievement Awards open – nominations close 19 December

The Cycling Promotion Fund is calling for nominations for the 2008 National Cycling Achievement Awards, in the categories of professionals, volunteers, schools, businesses, local government and bicycle retailers. Nominations can be registered at www.cyclingawards.com.au, which also carries a description of all the winners from past National Cycling Achievement Awards.

All winners and honourable mentions will receive a trophy, and each winner will receive \$1,000.

The 2008 National Cycling Achievement Awards are sponsored by the Federal Govt, National Heart Foundation and other organizations interested in Aus becoming a bicycle-friendly nation.

8) Freedom Wheels goes nation-wide

For children everywhere, learning to ride a bike gives them independence, mobility and a sense of pride. But what about those children with disabilities who can't ride a normal bicycle?

A team of therapists, engineers and volunteers at the non-profit TAD (Technical Aid to the Disabled) assesses children and modifies bikes to suit their particular needs, in a program called "Freedom Wheels", which is now available through TAD organisations in each state.

While focused on children, Freedom Wheels also supplies adults with a disability that makes riding a normal bike difficult.

See www.technicalaidnsw.org.au/Services/FreedomWheels/bikes.php or ph 02 9912 3400.

9) Approved by Adelaide City Council...

- A concept plan for a **separated bike lane** on Sturt Street (West Tce to Whitmore Sq), which will run alongside the footpath. See

www.adelaidecitycouncil.com/scripts/nc.dll?ADCC:MEDIA:1451320747:pc=COUNCIL,svMLI_ID=151408,svBC=MR.

- Award of a contract for a **new restaurant** in Rundle Mall, on the eastern side (similarly to the existing Buskers restaurant, on the western side of the Mall.)
- Construction of an interim **critterium track** in Victoria Park, which will be opened in April after the Clipsal500.
- Detailed design development and documentation of proposed **alternative paving designs** for the south side of Rundle Street, from Pulteney to Frome Streets, to enable test panels to be installed and community feedback sought.
- To pursue holding a '**car free day**' in Adelaide. [NB An ACC reference to this wasn't found, but see <http://www.bisa.asn.au/> to sign a petition in support of this. – Ed]

10) Events and activities

Listed by date of earliest required action, rather than event date.

- **Australian Institute of Urban Studies November seminar: 28 November**

At the last AIUS event for the year, Simon Bradley will speak on 'Swings and Roundabouts' - A 21st Century vision planning for our children's children and the art of playground making. The talk will be followed by the AGM for the AIUS

- **Bike SA bicycle maintenance courses**

BikeSA offers a variety of courses to suit your needs. The next [Comprehensive Bike Care](#) full day courses will be held from 9am-4pm on Saturdays: **29 Nov, 10 Jan** and **31 Jan**. 3-hour [Basic Bike Care](#) courses are held from 6-9pm, with the next on **Tue 9 Dec** and **Thu 8 Jan**. See <http://www.bikesa.asn.au/page.php?section=65>.

- **Sneakerswap: 30 November**

Union St (off Rundle markets); see

www.cityofadelaide.com.au/scripts/nc.dll?ADCCBRAND:EventDetail::pc=WHATSON,svMLI_ID=110577.

- Most **Walk Against Warming** events were held on 15 November, but if you're in Adelaide (the Glenelg Jetty at 11am), Canberra (City Walk near the fountain at 11:30am), Port Macquarie, Yass, 6 December. See www.walkagainstawarming.org.

- **Mutual Community Challenge Tour: individual entry closes 9 January.**

The Mutual Community Challenge Tour enables you to ride stage 4 of the Tour Down Under (Fri 23 Jan) before the professionals do. Entries to the Mutual Community Challenge Tour close **Fri 9 January** (team entries have now closed). The number of participants will be limited to 5,000 and 4,000 entries have already been received. See <http://www.tourdownunder.com.au/2009/?q=Challenge+Tour> for more information.

- **Tour Down Under: 18 to 25 January.**

Just in case you need a reminder, here it is! See www.tourdownunder.com.au/2009 for details of the event and

allied events. NB Perth-based Ride For Youth cycling group is fund-raising for Youth Focus (which works with teenagers who are depressed, self harming and suicidal) with a "Tour Down Under Raffle". 1st prize is a trip for two to the 2009 TDU including airfares, accommodation and two VIP passes to the tour; 2nd prize is a 2009 Specialized Road Bike; 3rd prize is a bike carry case. \$10 tickets can be purchased online at www.rideforyouth.com.au until the end of December.

- **Australian Bike Friday the 13th Annual Gathering , 26 to 29 March**

The 13th ABFC will meet in the small tourist town of Halls Gap in Western Victoria. Register by 1 February for a ride in the Grampians with fellow travellers. For more information, contact Margaret Day mday@picknowl.com.au, (08) 8271 5824 or Bronwyn Laing bicycle@aapt.net.au, (02) 6355 1195.

- **Savings & Loans Coast to Coast, Sunday 1 March 2009**

Registrations are now open for the 120km/ 100km Glenelg, Adelaide to Victor Harbor, Fleurieu Peninsula rides or 20km Mini Coast to Coast along the Encounter Bikeway. Registrations will stay open until the day, but a \$20 late fee applies after **20 February 2009**.

- **National Ride2School Day, 25 March 2009**. See www.ride2school.com.au

- **Earth Day 2009**, probably in April. See www.earthday.net for info as it appears.

- **Walk Safely to School Day, Friday 15 May 2009**

See www.walk.com.au/WSTSD01

11) Recent-ish publications

- Not recent, but a useful resource on **cycling in the UK**:

www.tfl.gov.uk/businessandpartners/publications/2766.aspx

- The Dept of Environment and Heritage has released a new **Trails Strategy**, 'Linking with Nature': A Trails Strategy for South Australia's Protected Areas 2008 - 2012. See

www.environment.sa.gov.au/parks/pdfs/linking_with_nature.pdf

- Adelaide City Council has prepared a draft **Community Land Management Plan** for Park 26, Tarndanya Womma (includes Elder Park and the Adelaide Oval precinct). The plan is open to consultation until Fri 12 Dec. See www.adelaidecitycouncil.com/consultation.

- The Office of Rec and Sport has recently released **SA Sports Fast Facts**: a snapshot of current research in recreation and sport. See www.recsport.sa.gov.au/research-planning/research.html.

- The Cycling Promotion Fund produced **Barriers, facilitators and interventions to get more Australians physically active through cycling** in January 2008 and **Economic Benefits of Cycling for Australia** in June 2008. Both are useful resources and are available from their website, at www.cyclingpromotion.com.au/content/view/353/9/. (One statistic from the former: each kilometre a commuter cyclist rides in capital cities provides over 75¢ of benefit to the community.

- The **NSW Injury Risk Management Research Centre** publishes occasional reports based on its analysis of population-based injury data sources. See <http://www.irmrc.unsw.edu.au/Publications/centrereports.asp>.

- The site for **Australasian Road Safety Research, Policing and Education Conference Proceedings** is www.rsconference.com. Currently this only has papers to 2006.

12) PedBike Tidbits

- New **SAPOL statistics** show that (detection of) drink driving offences has increased by almost 57% since 2002, to 9,594 in 2007-08. Over the same period, detection rates for dangerous/ reckless or negligent driving have decreased by almost 32%.

- The **inevitable fate** of the cheapest modes in a politically driven transport plan? No just reward for the increase in commuter cycling: <http://www.theage.com.au/national/shankss-pony-misses-out-in-tussle-for-funding-20081107-5k8h.html?page=1>.

- Apparently, November is the new March for **Adelaide events**. See <http://messenger-news.whereilive.com.au/news/story/adelaide-events-ride-boom/>. Watch for road and path closures...

- **HarbourLink** is a proposal to construct a 1.6 km long elevated, multi-use (cyclist, pedestrian and wheelchair) structure from the Sydney Harbour Bridge to the top of the Warringah Freeway - allowing 55 steps and Sydney's northern CBD streets to be bypassed. (During October's Ride to Work day, over 1,000 cyclists rode the Sydney Harbour Bridge's cycle-way in 2 hours.) See www.sydneyharbourlink.com.

- Recently introduced legislation will require drink drivers who have lost their licences to fit **alcohol interlocks** to their vehicles for a period of time equal to their disqualification. (40% of those responsible for an alcohol related fatal crash had previously committed a drink driving offence.)

- A 9-month consultative process to develop a new **30-Year Plan for Greater Adelaide** has commenced. Workshops between State and Local Government are the first steps in the process, which will include community consultation

during 2009. The directions document for the Plan is available from www.planning.sa.gov.au/go/directions.

- The **Cycle Chic Fashion Show** was held on 1 November in County Cork, Ireland. European and local designers showed their latest innovations in trendy bikes, smart clothes and funky accessories. See <http://www.cyclechic.org> especially for the 10min video and gallery. For those left groaning in desire, the luscious Basil bags are available from Gazelle Cycle Imports Australia (see <http://www.gazellebicycles.com.au/menu/accessories/basil-bags> and attached pic of a chunky bag).

- With just 12 months of road riding experience, Peter Maguire decided to ride around Australia, to raise money for the Cerebral Palsy Association. Peter will be finishing his ride in Canberra in the next few weeks. See www.ausbycycle.com/?page_id=2 for more info or to donate.

- Results of a Melbourne **commuter race** over 17km: the bicycle beat even a motorcycle (thanks to building works and congestion). See <http://www.theage.com.au/national/four-commuters-four-types-of-transport-one-destination-the-winner-is--20081018-53np.html>

- Expressions of Interest have recently closed for an Integrated Planning Study for the **Darlington Transport Project**. The study, to include environmental impact assessment, community engagement and detailed economic evaluation, will plan improvements to the intersection of South and Sturt Roads and investigate the feasibility of a Tonsley passenger rail line extension to the Flinders Medical Centre with a new interchange and a Transit Oriented Development.

- **Tony Abbott**, former Federal health minister, muses about cycling. See <http://www.theaustralian.news.com.au/story/0,25197,24512423-11949,00.html>

- Uni of Adl has secured grant from the Australian Research Council to look at **Australia's Baby Boomer Generation, Obesity and Work - Patterns, Causes and Implications** in 2009: "Baby Boomers have the highest level of obesity of any Australian age cohort and this threatens to seriously reduce their workforce participation and productivity and increase chronic disease incidence."

Meanwhile, UniSA will partner with Uni of Sydney, with a National Health and Medical Research Council project grant to look at **An Innovative Playground Intervention to Increase Physical Activity**.

- **Pimp your tyres:** Sweetskinz (www.sweetskinztyres.com/sweetskinztyres) brings you full graphic, retro-reflective tyres. These cost around US\$30-\$40 + shipping for average-sized tyres.

- 50 Schwinn bikes given free to convention-goers at the Democratic and Republican national conventions in Boulder have been donated to The University of Colorado's **Adopt-A-Bikes fleet**. See

www.treehugger.com/files/2008/11/bikes-from-2008-dnc-donated-to-colorado-university-boulder.php?daylife=1.

- Cyclists awarded at the 2008 **South Australian Sports Institute Awards** were: Sam Willoughby and Annette Edmonson (junior athletes of the year), Matthew Benson (Freemasons' Award for country athletes) and Jack Bobridge (program athlete of the year).

- The economics of cycling: an article on **competition in bicycle manufacturing** appeared in The Economist on 20 September www.taipeicycle.com.tw/presscenter/news_view.shtml?docno=4025. On a more local front, read about Flight Centre's move into the Australian retail cycling arena at www.news.com.au/couriermail/story/0,23739,24659454-3122,00.html.

- The City of Unley has recently tendered for a **pedestrian bridge**, on the northern side of Malcolm Street, Millswood (over Brownhill Creek).

- New York Dept of Transportation Commissioner Janette Sadik-Khan is interviewed about how her agency is **redefining public space in New York City** (www.streetsblog.org/2008/10/22/streetfilms-aconversation-with-janette-sadik-khan) and explains what they're doing to reclaim the streets for pedestrians, cyclists, public transport and as a living space.



13) Conference Summary

19 January 2009

Australian Cycling Conference

Napier Building, North Terrace, Adelaide, SA
Call for papers closes 28 November
See www.hubtt.com.au/australiancyclingconference

17-20 March 2009
Taipei International Cycle Show 'Taipei Cycle 2009'
TWTC Nangang Exhibition Hall, Taipei, Taiwan
See <http://www.taipeicycle.com.tw>

25-27 March 2009
Healthy Cities Conference
Gold Coast, Qld
Call for abstracts closes 30 November
See www.healthycities.com.au

30 March - 2 April 2009
Planning Institute of Australia National Congress
Darwin NT
See www.planning.org.au

7-9 August 2009
AITPM National Conference "Traffic Beyond Tomorrow"
Adelaide SA
Call for abstracts closes 20 February 2009
See www.aitpm.com

PedBikeTrans e-news sources include:

- *PushOn! Magazine (Bicycle NSW)*
- *Cycling Promotion Fund website*
- *SA Minister's press releases.*
- *Premier's Council on Active Living (PCAL)*
- *BISA e-news*
- *Cycling Resource Centre*

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