



### SA Movers and Shakers

• Sam Powrie will be standing down as Chair of the Bicycle Institute of SA (BISA) at the AGM on March 12. Sam has steadied and steered BISA with a sure hand for many years, following a turnover in leadership that at one stage threatened to destabilise this Adelaide institution. We look forward to Sam's continued involvement in cycling, in a different role.

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### 1) Reminder: BISA AGM and Guest Speaker – Wed 12 March

Members and friends of BISA are invited to hear **Jim Krynen**, Manager of **Cycling Integration** in the **WA Dept of Transport** and architect of the WA **integrated cycling network** (which integrates bike use with bus, train and car use) speak at the BISA AGM.

• When: 7pm start, Wednesday 12th March.

• Where: The Disability Information and Resource Centre, 195 Gilles Street Adelaide.

WA is powering ahead in everyday bicycle use, investment in cycling infrastructure and cycling promotion - with much of this due to Jim's efforts. He was a founding member of Bike West and, in his current role, has been responsible for implementing over 40 major initiatives improving linkages between public transport and cycling. He is a six-time Australian cycling champion and major figure within the WA cycling industry. More than any other person, he has led the charge to maximise the impact and uptake of cycling throughout his state. This will be a fantastic and inspiring opportunity to hear directly from Jim how this has all been achieved and what SA might be able to learn from the WA experience!

RSVP to Stephen Janes on [8204 9341](tel:82049341).

The AGM also sees elections for the 08-09 Committee, usual excellent supper, cycling-related 'give-aways' and even a door prize or two. Displays on the night will include an outline of current cycling issues in Adelaide, interesting and thought provoking cycling technology and reporting on BISA's very successful Bikes for Refugees project, and plenty of bicycle parking!

### 2) Reminder: Ride2School Day - Wed 12 March

Ride2School Day is a national behaviour change initiative aimed at increasing the number of students walking and riding to school.

Ride2School encourages healthy lifestyles by increasing students' physical activity levels. *"It's good for their health, good for their education, good for the environment and good for the family budget."*

Ride2School Day aims to break down the barriers to more students walking and riding to school.

See [www.ride2school.com.au](http://www.ride2school.com.au)

### 3) Recent Motor Accident Commission SA activities

• The MAC is funding a 'Share the Roads' road safety campaign to raise awareness of simple things **motorists and cyclists** can do to improve safety. The campaign includes two radio adverts, posters and a pamphlet with tips for cyclists and drivers. [*Unfortunately, driveways are not mentioned – Ed.*]

• The 2007/08 **pedestrian** campaign aims to educate pedestrians to take responsibility for their own safety when crossing the road and for pedestrians not to assume motorists will always give way to them.

• The MAC is currently requesting tenders for the supply of **market research services** for the development and evaluation of road safety advertising campaigns. The tender closes on 28 March 2008.

• The MAC funds **research into road crashes** to reveal the extent and type of problems on our roads, to prioritise interventions and to evaluate the impact of interventions and other actions. The Centre for Automotive Safety Research (CASR), part of Uni of Adl, is currently conducting a number of projects for MAC, including: **Pedestrian**

crashes; The benefits to SA of the introduction of an Australian Design Rule on pedestrian protection; The prevalence of bull bars; and [my favourite - Ed] A review of coffee stops as a road safety measure.

• **Previous research reports** can be found at <http://casr.adelaide.edu.au/publications/researchreports/>

#### 4) Walk Safely to School Day – Fri 2 May

Walk Safely to School Day (WSTSD) is an annual, national event when all primary school children will be encouraged to walk and commute safely to school. It is a Community Event seeking to promote road safety, health, public transport and the environment. The objectives of WSTSD are to:

- encourage parents and carers to walk to school with primary school age children and reinforce safe pedestrian behaviour
- promote the health benefits of walking and help create regular walking habits at an early age
- ensure that children up to 10 years old hold an adult's hand when crossing the road
- help children develop the vital road-crossing skills they will need as they become mature pedestrians
- reduce the car dependency habits that are being created at an early age and which will be difficult to change as children become adults
- promote the use of Public Transport
- reduce the level of air pollution created by motor vehicles
- reduce the level of traffic congestion.

A kit containing WSTSD stickers and posters will be posted to every Primary School (Public, Catholic and Private) and all Councils throughout Australia.

For more information <http://www.walk.com.au/>, 'phone the Pedestrian Council of Australia on (02) 9968-4555 or email [walking@walk.com.au](mailto:walking@walk.com.au)

#### 5) Northern Connector project announced

A new billion-dollar 14km road and rail freight corridor in Adelaide's north – the first dual-use project in the State's history – has been announced.

A planning study will determine the preferred alignment and feasibility of a proposed joint road/rail route to be built in a new corridor to the west of Port Wakefield Road, with the aim of securing the long-term freight needs in Adelaide's north and take freight trains out of the suburbs around Salisbury and Parafield. Combined with the Northern Expressway, traffic volume shifts will have the potential to benefit on-road cyclists.

The planning study and associated environmental impact assessments are expected to be finished by the end of 2009, with a completed project operational as early as 2017.

#### 6) AITPM SA technical forum calendar

See [www.aitpm.org.au](http://www.aitpm.org.au)

- 9 April The Australian Road Rules
- 14 May South Road Tram Crossing
- 18 June Vehicle Registration and Licensing and Road Safety
- 6 August Release of New Disability Access Guidelines
- 17 September 2008 Conference Review
- 22 October Police Traffic Enforcement – Latest Developments
- 3 December Traffic Management in Shopping Centres

#### 7) Walking and cycling funding increases for London

A Climate Change Action Plan for London is set to recognise the important role walking and cycling can play in reducing greenhouse gas emissions, increasing funding for cycling and walking close to fivefold – from 13 million pounds a year to 62 million pounds in 2008/9.

Together with an increase in funding for Travel Demand management strategies such as travel plans for school and lower speed limits, London is set to continue its shift from private car use to walking and cycling.

Bicycle Zones for shoppers will also be introduced with cycle priority streets that have 30kph speed limits. Signage systems will also be enhanced to help people make short trips around the city on foot.

London is one of the few cities in the world which has seen a huge increase in cycling over recent years. According to Transport London cycling has increased by a massive 72% on the major road network in 2005/06 compared to 2000.

#### 8) NSW RTA bicycle design training courses

• **Urban Arc** have scheduled the one-day RTA training course 'Bicycles and Pedestrians for Managers' on 20th March, 8th May, 22nd July, 21st August, 15th October, 13th November, 12th December this year. The course is designed to provide planners, engineers, architects, designers, practitioners and students with assistance in planning and designing facilities for cyclists and pedestrians and will be held at Sydney Novotel at Sydney Olympic Park. The cost is \$550 incl GST for individuals; \$500 each for two or more; and \$350 for concessions, Councillors and students. For more information see [www.urbanarc.com.au](http://www.urbanarc.com.au)

• **Sustainable Transport Consultants** will be holding a two-day course called 'Designing for Bicycle Riders and Pedestrians' on 16 – 17th April. This course will provide planners, engineers and designers with more detail and the latest information, resources and techniques in pedestrian and cycling facilities design. For further information email [wsalomon@bigpond.net.au](mailto:wsalomon@bigpond.net.au) or phone 9386 4484.

## 9) Roadside assistance for cyclists

Victorian cyclists can now benefit from what is reportedly the country's first roadside breakdown assistance program for bikes, provided by the Royal Automobile Club of Victoria (RACV) Bike Assist program. For a nominal fee, Victorian cyclists are offered roadside assistance when their bike cannot be ridden due to an accident, mechanical problem or puncture.

For further information see: [www.racv.com.au/wps/wcm/connect/Internet/Primary/roadside+assistance/bike+assist/](http://www.racv.com.au/wps/wcm/connect/Internet/Primary/roadside+assistance/bike+assist/)

## 10) Sharing Sydney Harbour Access Program extended

Sharing Sydney Harbour Access Program is a NSW government initiative to improve public access to and enhance the recreational enjoyment of Sydney Harbour and its tributaries for the people of and visitors to Sydney.

The Sharing Sydney Harbour Access Program was launched in February 2003 to assist with implementing the Sharing Sydney Harbour Access Plan. Each year, up to \$1.35 million is distributed on a dollar-for-dollar basis for specific capital works projects such as walking tracks, cycle paths, new public waterfront parks, jetties, pontoons and boat launching facilities.

Program funding was due to end in June 2008 but has now been extended an additional five years, to provide \$6.75 million until 2013.

Applications close 24 April 2008.

## 11) Recent-ish publications

- Land Transport New Zealand has produced a practical resource entitled 'How to set up cycle trains: Help for schools and communities,' as a result of a successful NZ pilot program. A research report also describes how the resource was enhanced as a result of the implementation project. See: [www.landtransport.govt.nz/research/reports/338.pdf](http://www.landtransport.govt.nz/research/reports/338.pdf).
- In response to US research that the majority of midlife adults know what they should be doing to stay healthy and physically fit, but few are acting on that knowledge, a new guide has been developed that aims at promoting physical activity among midlife and older adults. The resource covers topics such as marketing and communications, building partnerships, reducing environmental barriers to physical activity and community-wide walking programs. See: [www.assets.aarp.org/www.aarp.org/\\_articles/health/pagefive.pdf](http://www.assets.aarp.org/www.aarp.org/_articles/health/pagefive.pdf).

## 12) PedBike Tidbits

- **Victoria Park/ Bakkabakkandi** is to return to Park Lands following the announcement from the SAJC of their intention to vacate the Park.
- The Sydney Coastal Councils Group have developed the '**Walking Coastal Sydney**' website to help both Sydney residents and visitors access coastal walking routes. It provides detailed walking route maps by regions in Sydney. See [www.walkingcoastalsydney.com.au](http://www.walkingcoastalsydney.com.au).
- In response to the Hon. Wayne Swan's call for community input into the Rudd Government's first Budget, the Australian cycling sector has submitted a **\$200 million bicycle infrastructure proposal** known as the Healthy and Active Transport (HEAT) initiative. See: [www.cyclingpromotion.com.au/images/stories/downloads/Treasury\\_Submission\\_media\\_release.pdf](http://www.cyclingpromotion.com.au/images/stories/downloads/Treasury_Submission_media_release.pdf)
- At the recent Oxford Health Alliance conference in Sydney, leading Health expert, Prof. Tony Capon has said that **urban environments** need to be **redesigned** to encourage physical activity in order to combat preventable chronic diseases such as obesity – which are responsible for nearly 60% of the world's deaths. His top urban planning priorities for improving health are: locating jobs near to home, promoting active modes of transport, improving mass transit options, ensuring ready access to fresh food and developing attractive public spaces. See: [www.innovationsreport.de/html/berichte/medizin\\_gesundheit/bericht-104131.html](http://www.innovationsreport.de/html/berichte/medizin_gesundheit/bericht-104131.html).
- The SA state govt will employ 50 new **Lifestyle Advisers and Support Officers** to help thousands of South Australians stay healthy. The positions will be rolled out over the next four years as part of the State Government's GP Plus Health Care Centre strategy, with SA one of the first states in Australia to introduce such a program, which is due to be launched this month.
- Ever wanted a more in-depth look at Bogota's **Ciclovía** in action? If you can't visit, try the street film: <http://www.streetfilms.org/archives/ciclovía>. (English subtitles provided.) [For an Australian version, note the following events section - Ed.]
- \$5.6 million is being spent on restoration works in some of the state's most popular parks in the Mount Lofty Ranges, which were damaged by flooding in Nov 2005. **Walking trails** and **bridges** are amongst items to be repaired or replaced. The key areas for restoration include Waterfall Gully in Cleland Conservation Park, Morialta Conservation Park, Black Hill Conservation Park and Belair National Park. The structures being repaired include the bridge on the walking trail to First Falls at Morialta Conservation Park and the bridge across the top of First Falls at Waterfall Gully.
- The City of Melbourne has tendered for an "automated, reliable, robust and accurate **people counting system** capable of collecting time series data from multiple locations across the City of Melbourne to high levels of accuracy. The project will include the supply, installation, maintenance, monitoring, auditing, analysis and reporting of pedestrian information across the city and the onselling of pedestrian data to the public." (Tenders closed mid-December last year.)
- A new program to reduce the tourism industry's carbon footprint will be trialled first in South Australia. Ecotourism Australia's new **Climate Change Certification program** will allow the travelling public to identify SA accommodation and tour operators who are committed to reducing their carbon emissions. The South Australian Tourism Commission and the Great Barrier Reef Marine Protection Authority are helping to fund the new program, which will be trialled

in SA and Qld in early 2008.

- The 25th Adelaide Bank **Festival of Arts** has marked its opening night with North Terrace reserved for pedestrians, with Adelaide's cultural boulevard illuminated with **Northern Lights** for the opening and the duration.

### 13) A potted event summary

- **BISA AGM and talk** 12 March, 7pm
- **Ride2School Day** 12 March
- Whitmore Square will be closed from 7am to 4:30pm on 30 March, for the **Norwood Cycling Club Carnival**
- Oxfam's **Trailwalker** event will be held in Melbourne from 11-13 April 2008. Registrations are now closed, but donations can be received at <http://www2.oxfam.org.au/trailwalker/melbourne/>. Volunteers for the event are also sought and can register on this site.
- The 2008 **UCI World Supercross BMX Championships** will be held at the Royal Adelaide Showground April 12-13, with the **National Championships** being held April 18th -20th.
- Moreland Council is holding the 2nd **Cyclovia Moreland** on Sunday 13th April 2008 from 8am to 2pm on Sydney Road. Volunteers to help make this event a success can contact Nicholas Elliot, Moreland's Transport Project officer on (03) 9240 1294. See [http://www.moreland.vic.gov.au/news/whatson.htm#Cyclovia\\_Moreland\\_13\\_April\\_2008](http://www.moreland.vic.gov.au/news/whatson.htm#Cyclovia_Moreland_13_April_2008)
- **Walk Safely to School Day** will be held on 2 May this year. See [www.walk.com.au](http://www.walk.com.au).
- The **Big City Ride** will be held on Sunday 23 November at Kurrunga Park, Adelaide City Parklands (cnr Greenhill and Unly Roads, adjacent BMX tracks). See [www.bikesa.asn.au](http://www.bikesa.asn.au) for this and other events.

### 14) Conference Summary

#### 11-14 March 2008

5th Biennial National Track and Trails Conference, "Passage to Progress: Developing a Collaborative Future"  
Sunshine Coast, Qld

See [www.trackandtrails.com.au](http://www.trackandtrails.com.au), email [info@trackandtrails.org.au](mailto:info@trackandtrails.org.au), ph. 07 3369 9455

#### 3-4 April 2008

MeetBike-Conference on Bicycle Transport and Networking: *the exchange and transfer of knowledge and experiences on bicycle networking of European cities and the particular needs of "cities in convergence regions"*

Dresden, Germany

See [www.meetbike.org](http://www.meetbike.org)

#### April to June (varies with city) 2008

Green Building & Design 2008

[*It's unlikely that this will cover design for walking and cycling, but the topics include sustainable urban planning – Ed*]

Australia-wide:

Melbourne 16-17 April

Sydney 30 April-1 May

Brisbane 14-15 May

Adelaide 28-29 May

Perth 4-5 June

See [http://www.cfd.rmit.edu.au/prgrams/sustainable\\_materials/green\\_building\\_design\\_2008](http://www.cfd.rmit.edu.au/prgrams/sustainable_materials/green_building_design_2008); email [usha.iyer-raniga@rmit.edu.au](mailto:usha.iyer-raniga@rmit.edu.au) for sponsorship opportunities

#### June 2008

Towards Carfree Cities VIII

Portland, Oregon

See <http://www.worldcarfree.net/conference/>

#### 3-5 September 2008

AITPM National Conference "Making Connections"

Perth Convention and Exhibition Centre, WA

Call for papers close 7 March

See [www.aitpm.com](http://www.aitpm.com)

#### 8-10 October 2008

WALK21

Barcelona, Spain.

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